



PIC: JESS HUSBAND

**There are now 80 active CDATs in NSW with Auburn becoming the latest CDAT to be endorsed by NSW Health.**

Local community members from Auburn have decided to join together to reduce the high levels of harmful alcohol and drug use in the Western Sydney suburb. They have formed the Auburn CDAT (pictured above) which includes representatives from Auburn City Council, Auburn Police, Auburn Youth Centre, Auburn Barnardos and NSW Health and is chaired by Michael McGill from Auburn Diversity Services.

“The main focus will be an education

program to help parents and community leaders to recognise the signs and risks of alcohol, cannabis and ecstasy use,” says Hicham Zraika, the new mayor of Auburn. “We will be developing factsheets which will be available at libraries, health centres and community organisations throughout the area. In addition, information sessions and workshops focusing on specific issues will be held in the next twelve months.”

“The advantage of the CDAT is that we can develop this education program with experts from different sectors in the community. I believe this wider perspective will contribute to making the program more effective. The multi-agency approach also opens up avenues where people can find further support and assistance,” says Mr Zraika.

Auburn’s residential population is exceptionally diverse both culturally and in terms of socio-economic status. Diversity and difference like growth and change can be sources of energy and creativity in a local community and many local residents perceive diversity as a strength, pointing to the lack of overt racism or ethno-cultural conflict in the area. It’s a sign that now there is a new CDAT Project Officer for Western Sydney Area Health Service, Kylie Druett, things are starting to take off in the area and it will build on the many other exciting projects that are happening in and around Auburn.

If you would like to find out more about Auburn CDAT’s activities contact Glenn Harding at Auburn City Council on ph **(02) 9735 1226**.



# EDITORIAL

## As another successful year rolls to a close, it's time to celebrate as we look back over 2009.

The beginning of the year was marked by the launch of a new campaign *What are you doing to yourself?* aimed at young drinkers aged 16-20. The campaign was complemented by a website and a suite of three booklets, the *Guides to Dealing with Alcohol*,

which have proven to be such popular resources it has been hard to keep up with the demand for them. In a recent evaluation, it is estimated that an impressive 28% of young people in NSW have read one of the booklets, along with 21% of parents of teenagers.

The launch of the CDAT campaign during Drug Action Week in June meant the CDAT program went from strength to strength in local communities around the State. There are now a record 80 active CDATs in NSW with several more working to become active in the first quarter of 2010. The *Creating Synergy* conference, held at Wollongong University in July, was enjoyed by CDAT members who travelled from all over the State to update their skills and share their stories at the many interesting workshops and talks that were on offer.

The new *Aboriginal Guides to Dealing with Grog* were launched by the Minister for Health, the Hon Carmel Tebbutt, on 23 November. The two booklets for teenagers and parents were developed in consultation with the Aboriginal

Drug and Alcohol Network. These booklets aim to raise awareness among young Aboriginal people and their parents about the harmful risks of binge drinking and provide useful strategies to promote responsible drinking.

And to round off a very productive year, I am pleased to report the new *Don't Let Drugs Use You* advertising campaign is well underway. This harm minimisation campaign kicked off in front of revellers at the Homebake Festival on 5 December and will continue to run at festivals and in venues over the summer party season until April 2010.

I would like to thank the CDATs for your valuable work this year continuing to build strong foundations within your communities. After a decade of community action we are stronger together!

I wish you all a safe and happy festive season.

### David McGrath

Director, Mental Health & Drug and Alcohol Office

# THANK YOU TO ALL OUR CDAT VOLUNTEERS

## Each year December 5 is celebrated as the International Day of Volunteering. NSW Health would like to offer a huge thank you to all the amazing people who volunteer their time to the Community Drug Action Teams around the State

CDAT volunteers bring a mix of skills, experience, enthusiasm and local knowledge to drive many great projects which help to reduce the harms caused by alcohol and other drugs in their local communities. Their contribution ensures CDAT teams have a truly local focus and remain in touch with the communities in which they operate.

CDAT volunteers contribute an extraordinary effort, making sure projects are completed with enthusiasm and broad community support and working long hours so that the business of their CDAT runs

smoothly. They help organise CDAT events and projects which often involve giving up much of their time to attend meetings, help out at events, staff information stalls, raise funds, source support from local businesses, write media releases and much, much more.

The Universal Declaration on Volunteering (2001) describes volunteering as "a fundamental building block of civil society. It brings to life the noblest aspirations of humankind – the pursuit of freedom, opportunity, safety and justice for all people."

These words well describe the vision of CDATs and the role of the community members who volunteer to bring that vision to life.

From all of us here at NSW Health – thank you to our amazing CDAT volunteers!

# CANNABIS: EVERYTHING YOU NEED TO KNOW

**The Cannabis: Everything you need to know workshop will take place on 27 January 2010 at the Conference Centre, Gosford Hospital. This free workshop is for members of CDAT teams in the North Sydney & Central Coast area and will be facilitated by the National Cannabis Prevention & Information Centre. Places are limited so book early! To register for the workshop contact Karen Cashman, CDAT Project Officer at [kcashman@nscchahs.health.nsw.gov.au](mailto:kcashman@nscchahs.health.nsw.gov.au) or ph (02) 4320 3604. For further information on the workshop's content go to [www.ncpic.org.au/workforce/training](http://www.ncpic.org.au/workforce/training)**



# GROG GUIDES HELP ABORIGINAL FAMILIES

**Minister for Health, Carmel Tebbutt, and Nathan Merritt, from South Sydney Rabbitohs, launched two new resources, in November, for young Aboriginal people and their parents, which talk about the risks of binge drinking.**

**Above: Nathan Merritt and the Hon Carmel Tebbutt at the Blackwattle Bay launch aboard The Deerubbin, a boat owned by the Tribal Warrior Association**

PIC: JESS HUSBAND

In NSW, 1 in every 6 hospitalisations for alcohol related injury is for a young person aged 15 to 24 and these resources are part of an overall NSW Health strategy to promote responsible drinking. Young Aboriginal people are at greater risk of alcohol related harm than other young Australians in NSW. They are more than two and a half times more likely to die an alcohol-related death by the age of 17 years than non-Aboriginal people.

The guides, developed in consultation with and approval by the Aboriginal Drug and Alcohol Network, support Aboriginal parents and teenagers to make informed decisions about their alcohol consumption.

"These new booklets, the *Guides to dealing with grog for teenagers and parents*, aim to educate young Aboriginal people about the risks associated with binge drinking and inform parents of their influence on their children's attitudes," Ms Tebbutt said. "Parents can influence their teenagers' drinking behaviour by encouraging communication, setting boundaries and showing an example by

partaking in low risk drinking themselves."

Mr Merritt says he hopes the resources will convince teenagers not to drink from boredom or peer pressure.

Independent research conducted with young people, parents, CDATs, the drug and alcohol sector and youth workers recommended the development of a suite of alcohol education resources for teenagers and parents including targeted Aboriginal resources. This material has been tested in Sydney and rural NSW. It complements the resources currently available for the broader community.

The new booklets are packed with illustrations by Aboriginal artist Kevin May and photographs by Mervyn Bishop and Amanda James. They will be distributed to a range of Aboriginal and drug and alcohol services including Aboriginal Medical Services, youth, health, community and legal services and PCYCs.

These resources can be ordered using the form on page 11 or online at [www.cdat.com.au](http://www.cdat.com.au)



We all have fond childhood memories of playing muck-around sport at the local park. No rules, no cost, no structure – just long afternoons of exercise, enjoyment and fun with friends and neighbours.

# SPORT IN THE NEIGHBOURHOOD

Changes in our society have seen this type of play fade away over the years. But recently the residents of Bateau Bay on the NSW Central Coast have reignited it, by setting up a neighbourhood program with many positive results for their community.

“*Sport in the Neighbourhood* is a free community-run program in Bateau Bay,” says Matt Sawyer from NSW Sport and Recreation. “Volunteer leaders coordinate and supervise sports and games for young people at the local park each week. The leaders set up a number of games where kids can walk straight up and get started.”

“There’s also a range of equipment kids are free to use to start their own games. At the end of the session, everyone helps pack up the gear and returns it to the local youth centre,” says Mr Sawyer. “It’s a simple concept, but effective because it stems from strong community desire.”

“Parents in the area wanted regular, free

sporting activities for local kids to keep them active and safe. It was also about making their neighbourhood an even better place to live. They hoped these activities would help adults to get to know their neighbours better and create a sense of community,” says Mr Sawyer.

Bateau Bay residents worked with members of the Killarney Vale, Bateau Bay and Tumbi Umbi (KBT) Community Building Network, which is made up of various government agencies and community groups. The KBT group also operates as a Community Drug Action Team (CDAT) and the *Sport in the Neighbourhood* project was part of both the CDAT’s and the Community Building Network’s overall strategy in addressing the issue of drugs in the local community.

“Working together was essential,” said Mr Sawyer. “Securing playing fields, training volunteers, getting access to toilets, funding equipment purchases and conducting

letterbox drops were just some of the tasks the group had to coordinate.”

*Sport in the Neighbourhood* has been running in Bateau Bay for five years. Today, dozens of children attend sessions on a weekly basis. Its success has led to the development of a step-by-step guide on how to establish such a program. The guide covers how the program was set up, from the initial community consultation right through to running the program and evaluating it.

*Sport in the Neighbourhood* has produced many positive results for Bateau Bay. It is part of a range of strategies implemented by the KBT CDAT and it is hoped that other CDATs will see its value and can successfully utilise the resource and the program in their own communities.

To find out more about the *Sport in the Neighbourhood* program contact Matt Sawyer at [matthew.sawyer@communities.nsw.gov.au](mailto:matthew.sawyer@communities.nsw.gov.au) or ph (02) 4362 3184.

# CDATS & LIQUOR ACCORDS – WORKING TOGETHER

## Liquor accords are a key part of the NSW Government effort to reduce alcohol-related violence and anti-social behaviour.

A liquor accord is a voluntary community-based body designed to develop local solutions to local alcohol problems. NSW boasts 144 liquor accords – the highest number for any state in Australia.

Most include members from the local business community, councils, police, the NSW Office of Liquor, Gaming and Racing (OLGR) and other government departments and community groups such as CDATs.

Liquor accords aim to introduce practical solutions to alcohol-related anti-social behaviour, offences and violence. They reach agreements on ways to improve the operation of licensed venues to ensure they are safe and enjoyable.

The accords have been successful in addressing local alcohol issues through voluntary strategies such as lockouts and bans on shots, patron transport schemes and responsible service of alcohol education campaigns. Alcohol-related problems frequently result from the ways in which liquor is served and promoted. Liquor laws

provide enforcement tools to address such issues, however liquor accords aim to pre-empt problems and stop them from occurring before they happen.

Strategies developed by accords range from education campaigns helping patrons understand the high personal cost of anti-social behaviour, to explanations of licensing laws, along with projects undertaken with councils and police to address street design, lighting, transport, late-night trading, alcohol-free zones and the conduct of tourists.

The majority of liquor accords in NSW operate successfully without funding or by generating their own funds through membership fees. Accords may also seek to raise funds externally where an initiative needs additional resources such as funding a late night transport scheme for patrons in the holiday season or conducting a responsible drinking campaign.

There are many benefits to CDATs joining forces with liquor accords. They facilitate communication and increase funding

opportunities for projects. For example Eurobodalla Liquor Accord and Bega Valley CDAT were successful in their joint application for \$10,000 which was used to fund *Think the Drink*, an RSA training program for year 12 students.

CDATs and liquor accords have successfully worked together in the past such as Moree's campaign to discourage underage drinking. Starting December 2008, the local CDAT and liquor accord challenged the myth that alcohol is a rite of passage for young people. This was done by highlighting the strict penalties for secondary supply on bottle bags, stickers and t-shirts.

There are many opportunities available for CDATs to partner with accords. A combined approach often results in new and innovative strategies, the benefits of which extend to the local community and related industries.

For accord contact details or more information contact OLGR's Liquor Accord Delivery Unit on **ph (02) 9995 0309** or email **accords@communities.nsw.gov.au**

## HAVE NO REGRETS



Above: A screen grab from the commercial

### A new TV ad has hit the airwaves across Central West NSW in a bid to curb youth binge drinking in the area.

The 30 second commercial is part of Forbes/Parkes CDAT's new project, *Have No Regrets*, which was launched at Parkes Shire Council at the end of November.

CDAT chairperson, Alison Aldridge, says the project, which is aimed at all teenagers in the Forbes/Parkes area, is about educating youth on the negative and sometimes embarrassing consequences of binge drinking.

The commercial depicts a group of young people drinking at a party and a couple of possible negative consequences for a young girl who has drunk too much. On waking up the next morning, the girl can't remember what she did the night before.

"We are really happy with the finished

product. It's a very believable scenario which we hope will impact on the audience," said Ms Aldridge. "We are hoping that the take home message for youth who view the commercial is to not drink so much they can't remember what they did last night. It's simple – have no regrets!"

The storyboard for the commercial has been developed by several of the CDAT's youth team members who actually star in it too. Participant, Joel Thompson, says "It is great to be involved in something that is going to have an impact on all the young people in our community."

The commercial, funded by NSW Health, will air on local TV station, Prime, over the next three months. For more information please contact the Forbes/Parkes CDAT secretary, Melanie Sutor at **melanie.sutor@parkes.nsw.gov.au** or **ph (02) 6861 2364**.



# HIGH FLYERS

**A basketball tournament for local teenagers took place on Waterloo Green during the October school holidays to help raise awareness about binge drinking, illicit drug use and unsafe sex.**

On Friday and Saturday nights many local young people go out drinking without perhaps considering the consequences of their actions. So Redfern Waterloo CDAT came up with the idea of the *Hi Rize Three on Three* as a way of dealing with the binge drinking issues of young people living in inner city areas.

“These kids just want to have fun,” said CDAT member and tournament organiser, Kalmain Williams. “They don’t always know the physical and psychological damage they are doing to themselves.”

The CDAT decided to get the information across to the teenagers at the tournament by involving a number of local organisations who distributed information through workshops and stalls at the event.

*Hi Rize* attracted more than 100 people including representatives from local fire, ambulance and police services who played in the tournament alongside the young people. There were 12 competing teams

with the Under 16 girl’s team – Kiara, Taleena and Leaha – carrying off the winning prize.

Redfern Lions and Babana Mens Group laid on a sausage sizzle and former Rugby Union player Willie Gordon joined in the games and stayed to present the prizes. Health information was provided by Medicare, Centrelink, YMCA, National Centre of Indigenous Excellence, Barnardos, NSW Health, Sydney South West Area Health Service and Redfern Aboriginal Medical Service.

If you would like further information about Redfern Waterloo CDAT activities contact Clay Freeman at **clayton.freeman@dadhc.nsw.gov.au** or ph (02) **9334 3732**.

**Above: The Under 12’s finalists competing at the *Hi Rize* tournament, Waterloo**

PIC: JESS HUSBAND

## WIN A TRIP TO THE U.K.

**Do you have a great idea for a harm reduction video? Or do you have a video that you’ve made but never launched? Would you like to win a trip to the U.K.?**

Bluebelly, in partnership with the Burnet Institute and the International Harm Reduction Association (IHRA), is offering the chance to win a trip to the 2010 IHRA Conference Film Festival in Liverpool, England.

The competition is open until 28 February 2010 so get cracking, make your video and upload it to the competition website. For more details go to **www.bluebellyfilmcompetition.ning**

# NO WORKSHOP, NO JUMP SHOT

## A new basketball program in Wollongong aims to cut youth crime and eliminate anti-social behaviour.

Every Saturday night over a two-month period, 60 teenagers have been meeting at Berkeley Sports Stadium, near Wollongong, for the Midnight Basketball competition. The program targets youth, aged 12 to 18, in the Wollongong and Shellharbour council areas with the aim of keeping them off the streets and out of trouble.

Players arrive at 7:30pm, eat dinner, play basketball and attend a compulsory life skills workshop. At the end of each night a bus takes the players home safely to their front door before midnight.

Organisers have noted that this kind of positive interactive experience can play a role in supporting more traditional youth services that are often unavailable on a Saturday night. Tournament manager, Bob Purcell, says the region will greatly benefit from this innovative national youth program.

"Midnight Basketball started in Australia in 2006 in the Redfern Waterloo area and has since run successfully in a number of targeted communities across the country," said Mr Purcell. "It provides a healthy and fun alternative for young people to consider on a Saturday night."

The motto of the program is 'No workshop, no jump shot' and players must attend a workshop each Saturday night in order to participate in the basketball competition.

Building on essential life skills, these compulsory workshops deal with real and relevant issues, including conflict resolution, communication skills, impulse and anger control, self esteem, health and getting a job.

The workshops are followed by a game of basketball, which is a crucial element to the success of the program. Playing basketball provides an opportunity to build leadership skills encourages teamwork and improves fitness and focus. The aim is to hold

four tournaments during a two-year pilot program.

The competition is organised by representatives from Wollongong and Shellharbour CDATs, Wollongong City Council, NSW Police and Youth Services with the assistance of volunteers including local basketball team, the Wollongong Hawks.

If you would like to find out more about Midnight Basketball then email [wollongong@midnightbasketball.org.au](mailto:wollongong@midnightbasketball.org.au)

Below: Teenagers competing at Berkeley Sports Stadium

PIC: BETI CIZALOSKA



# DON'T LET DRUGS USE YOU

## A major statewide education campaign has just been launched, targeting 18 to 25 year olds who use illicit drugs at nightclubs and dance parties.

The prevention and early intervention campaign which runs through to March 2010 warns of the harms and risks associated with

club drugs. 'Club drugs' is a term used for a range of substances associated with the nightclub and dance party culture including ecstasy, speed, ice, GHB, ketamine and alcohol (in the context of multiple drug use).

The campaign's overarching theme is *Don't let drugs use you*. There are three main messages:

- **You're a mate, not a doctor** – to stress the importance of seeking medical attention if a friend has a bad reaction to a drug.
- **What's gotten into you?** – to increase understanding of the unknown potential toxic

reactions and interactions from illicit drug use; and

- **The real come down happens years later** – to raise awareness of the unknown long term effects of illicit drugs use.

The messages have been developed with young people and focus on the youth subculture with a series of posters and advertisements placed in street press, gay and lesbian media, music and festival websites, convenience rooms in nightclubs, licensed venues and university campuses, as well as outdoor music and dance party events.



## SPOTLIGHT PROFILE

# AMANDA KASSIS

**After a long holiday away from CDATs which took her overseas and then back to NSW Health to work as a Policy Officer, Amanda is pleased to have recently rejoined the Community Engagement & Action team as Project Officer for Sydney South West Area Health Service.**

Amanda brings with her more than three years experience working with Community Drug Action Teams as a Project Officer for the South West and Western Sydney regions.

“I’m so excited to be back working with the CDATs and seeing what kind of innovative projects they have been running. I really enjoy working alongside different organisations and being able to support them to do something real about the drug and alcohol issues in their community.”

“The recent devolution of Project Officers to Area Health Services has given opportunities to CDATs that were not previously available. I am now located at Drug Health Services which gives myself and my CDATs access to a range

of benefits including, most importantly, links to local drug and alcohol workers, programs and services. The change in location from the NSW Health Office in North Sydney out to Croydon has also put me geographically closer to the CDATs and has given me better opportunities to strengthen partnerships and gain an understanding of the local issues.”

“I encourage members of the community or people who are interested in becoming a member of a CDAT to call your local Project Officer and have a chat about the different ways that you can get involved. CDATs are a great opportunity to take part in action at a local level and contribute to fun and exciting projects that can make a real difference to your community.”

PIC: JESS HUSBAND

## REACHING OUT TO YOUTH WITH BLUETOOTH

**Surry Hills CDAT recently implemented the first of many planned, innovative health message campaigns utilising Bluetooth technology.**

At several of the CDAT’s planning meetings, a need for youth-targeted harm minimisation messages was highlighted, focusing particularly on alcohol.

“Most young people communicate using various forms of technology,” says Will Kail from Surry Hills CDAT. “It is essential that if we want to engage effectively with youth

that we learn to communicate with them. It’s more a matter of bringing the message to them, rather than expecting them to come to the message.”

The technology of Bluetooth allows a transmitter device, attached to a laptop computer, to send designed messages to mobile phones free of charge with phone users also receiving the message at no cost. Bluetooth ‘asks’ the phone user if they wish to receive the message before sending it to their phone. An added benefit is that this message can be transmitted on ‘virally’ from one phone to another.

The initial project was piloted at the Youth Road Trauma Forum – held in August at ACER Arena, Sydney – an event which

attracted more than 12,000 students daily. Messages were designed to support the links between alcohol and road trauma offering a series of questions with true or false answers. Each message included a link to the NSW Health responsible drinking website [www.whatareyoudoingtoyourself.com](http://www.whatareyoudoingtoyourself.com) and additionally linked to a telephone helpline for further support. (For a copy of the full message visit [www.alki.com.au](http://www.alki.com.au)).

This technology allows a far greater number of people to receive messages than utilising paper-based resources. Printing costs can also be avoided as well as the need for numerous volunteers to be present to hand out information. A majority of current and new mobile phones have the required

# NEWS

# SIGN OF THE TIMES

## If you drive through Broken Hill this summer look out for the 'drink safe' messages being displayed from a new variable message sign (VMS) trailer on the roadside.

**New CDATs have started up** in Auburn, Lithgow, Kariong, St George and Marrickville along with Young who have recently been re-established.

**Play Now Act Now 2009:** the Competition Finalists and Education Resource DVD is now available to order. See page 11.

**Carols by Candlelight** is being held at the George Kendall Reserve, Ermington on 11 Dec 09 from 6pm. The event is being organised by DERT CDAT and Telopea-Rydalmere-Ermington-Dundas Residents Action Group. There will be information stalls offering interactive activities as well as drug and alcohol information. Drop in for tips on how to celebrate safely over the festive period!

Bluetooth capability and the message can be reused at various events at no further cost.

The Bluetooth messages campaign incorporated training for CDAT members and partner organisations to become confident in using the transmitter, allowing the equipment to be used by various groups at events to further promote health messages. After the success of the pilot, Surry Hills CDAT is working towards further Bluetooth promotions.

For information about the Bluetooth messages campaign email **will.kail@googlemail.com** If you are interested in using the Surry Hills CDAT Bluetooth transmitter and messages please email Tarnia Thompson at **tthompson@acon.org.au**

The local CDAT aims to increase community awareness about safe drinking levels by positioning the trailer at various locations throughout the Broken Hill Local Government Area.

"The trailer has had an extremely positive response from the community," says CDAT chair Scott Hammond. "It's the only one of its kind in Broken Hill and so far has generated more discussion than initially expected."

The idea for the VMS display trailer came from a campaign in Adelaide that used an electronic display to show statistics in relation to deaths caused by smoking. Broken Hill CDAT members thought that it could be used in a portable form with the purpose of providing the community with the latest statistics in relation to the consumption of alcohol.

The VMS trailer is not intended to just focus on the negative aspects of alcohol use but to also include positive messages and inform the community of reductions in alcohol-related incidents as they occur. "It's important that we give the community a pat on the back when

we notice a change in trends and this is a fantastic way of doing just that," says Mr Hammond. "Now you can drive down the main roads of Broken Hill and come across a sign that congratulates the community on their progress."

The trailer will be more prominent in the lead up to high profile events such as Silver City Cup, the AFL Grand Final, Christmas & Easter festivities, St Pats Races and has been offered in partnership with the local police random breath test campaigns.

Broken Hill CDAT purchased the VMS trailer as part of the *Drink Safe Community Initiative* social marketing campaign, under the auspice of Broken Hill City Council. It was funded by the Federal Government's National Binge Drinking Strategy together with support from NSW Health.

For more information about Broken Hill CDAT's *Drink Safe Community Initiative* contact Scott Hammond at **youthofficer@ceinternet.com.au** or ph **(08) 8080 3591**.

**Below: Broken Hill CDAT with the sign**



PIC: GAVIN SCHMIDT/BARRIER DAILY TRUTH



# DRUGINFO@WOLLONGONG

**A spring forum was hosted by Wollongong CDAT to raise awareness of issues surrounding alcohol and drug harm and their impact on families and individuals in the local community.**

The *Wollongong – are drugs HIGH on your priority?* forum, facilitated by ABC TV personality Julie McCrossin, was held at Smith's Hill High School in Wollongong. More than 50 community members had the opportunity to ask questions of a panel of 4 experts which then led to some lively group discussions.

"It was very satisfying to see such a broad cross section of the Wollongong Community represented on the night, including both mental health and alcohol/drug service providers," said panel member John Purcell, Director of the Denny Foundation. "The lively discussions which characterised the evening ably showcased the degree of interest and passion that local community members have in identifying issues and finding real solutions."

Areas of concern included alcohol-related violence in both public and private areas; relapse prevention through a range of programs and the lack of childcare facilities available to women wishing to enter rehab; uncertainty about new regulations relating to secondary supply of alcohol to minors; and the need for more community information and engagement.

The event highlighted the work already being done and gave service providers an opportunity to develop sustainable solutions. On display were the eye-catching banner and

pamphlets from *druginfo@yourlibrary* which drew attention to this valuable collection located in all branches of Wollongong City Library. Ms McCrossin presented a range of lucky door prizes which included *druginfo@yourlibrary* USB wristbands and sweatbands, which were very popular with the audience.

Small action groups were formed on the night to 'map out' ideas for tackling the issues raised and their innovative ideas were then presented to the forum as a whole. Already, several of the initiatives identified on the night, are well advanced in terms of realising the desired outcomes. Significantly a number of community members have responded to the forum by joining the ranks of their local CDATs.

The expert panel members on the night were Inspector John Klepzarek (Lake Illawarra Local Area Command), Glenn Krone (Drug & Alcohol Community Youth and Adult Teams, SESIAHS), Miriam Glennon (Barnardos) and John Purcell.

For more information about Wollongong CDAT activities contact Eileen Smith at [esmith@wollongong.nsw.gov.au](mailto:esmith@wollongong.nsw.gov.au) and for information about *druginfo@yourlibrary* go to [www.druginfo.sl.nsw.gov.au](http://www.druginfo.sl.nsw.gov.au)

**Above: John Purcell & Julie McCrossin at the forum**

## FOR MORE INFORMATION

**If you would like more information about the Community Drug Strategies program, the activities of Community Drug Action Teams or any of the articles in this newsletter, please contact the central office, your local project officer, or visit the website at: [www.cdac.com.au](http://www.cdac.com.au)**

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## NSW HEALTH

*Drug Action* is produced by Community Drug Strategies, NSW Health. *Drug Action* provides an opportunity for Community Drug Action Teams to contribute information and articles. The ideas and opinions expressed in this publication are not necessarily those of NSW Health. NSW Health information can be accessed at: [www.health.nsw.gov.au](http://www.health.nsw.gov.au)



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# COMMUNITY DRUG STRATEGIES RESOURCE ORDER FORM

# FREE

CAMPAIGN RESOURCES	QTY	CAMPAIGN RESOURCES	QTY	CAMPAIGN RESOURCES	QTY
<i>Be Part Of It Not Out Of It</i> posters (set of 2)		<i>Family Matters</i> booklets Serbian		<i>What are you doing to yourself?</i> Boyfriend poster A3	
<i>Dharawal Family Matters</i> posters A4 (set of 6)		<i>Family Matters</i> booklets Spanish		<i>What are you doing to yourself?</i> Boyfriend (Gay) poster A4	
<i>Drug Action</i> newsletter (Spring 09)		<i>Family Matters</i> booklets Thai		<i>What are you doing to yourself?</i> Boyfriend (Gay) poster A3	
<i>Drug Action</i> newsletter (Winter 08)		<i>Family Matters</i> booklets Turkish		<i>What are you doing to yourself?</i> Driving poster A4	
<i>Drug Facts</i> – Alcohol		<i>Family Matters</i> booklets Vietnamese		<i>What are you doing to yourself?</i> Driving poster A3	
<i>Drug Facts</i> – Benzodiazepines		<i>Family Matters</i> display box, holds 30 to 40 booklets		<i>What are you doing to yourself?</i> Violence poster A4	
<i>Drug Facts</i> – Cocaine		<i>Family Matters</i> posters Arabic		<i>What are you doing to yourself?</i> Violence poster A3	
<i>Drug Facts</i> – Ecstasy		<i>Family Matters</i> posters Bosnian		<i>What are you doing to yourself?</i> Wallet poster A4	
<i>Drug Facts</i> – Hallucinogens		<i>Family Matters</i> posters Chinese		<i>What are you doing to yourself?</i> Wallet poster A3	
<i>Drug Facts</i> – Heroin		<i>Family Matters</i> posters Croatian		<i>Your guide to dealing with grog</i> booklet (yellow display box of 50)	
<i>Drug Facts</i> – Marijuana		<i>Family Matters</i> posters Khmer		<i>Your guide to dealing with teenagers and grog</i> (red display box of 50)	
<i>Drug Facts</i> – Speed		<i>Family Matters</i> posters Lao		<i>Your pocket guide to a good night out</i> booklet (loose)	
<i>Druginfo@yourlibrary</i> postcard (adult)		<i>Family Matters</i> posters Macedonian		<i>Your pocket guide to a good night out</i> booklet (green display box of 50)	
<i>Druginfo@yourlibrary</i> postcard (teen)		<i>Family Matters</i> posters Serbian			
<i>Drug Safety</i> cards – loose		<i>Family Matters</i> posters Spanish		<b>CDAT RESOURCES</b>	
<i>Drug Safety</i> cards (display box of 35)		<i>Family Matters</i> posters Vietnamese		<i>Building Successful CDATs – A Practical Guide</i>	
<i>Drug Smart</i> cards – loose		<i>NCPIC Don't Dope &amp; Drive</i> poster A3		CDAT Alcohol poster A3	
<i>Drug Smart</i> cards (display box of 35)		<i>NCPIC Fast facts on cannabis</i> leaflet		CDAT Drug & Alcohol poster A4	
<i>Family Matters</i> booklets Arabic		<i>NCPIC Fast facts on mental health &amp; cannabis</i> leaflet		CDAT Drug & Alcohol poster A3	
<i>Family Matters</i> booklets Bosnian		<i>NCPIC What's the deal?</i> Cannabis facts for young people booklet		CDAT information brochure	
<i>Family Matters</i> booklets Chinese		<i>NCPIC What's the deal?</i> Cannabis facts for parents booklet		CDAT postcard	
<i>Family Matters</i> booklets Croatian		<i>NCPIC What's the deal?</i> Talking with a young person about cannabis booklet		<i>Making A Difference</i> balloon	
<i>Family Matters</i> booklets English		<i>NCPIC What's the deal on quitting?</i> A do-it-yourself guide to quitting cannabis booklet		<i>Making A Difference – Celebrating Eight Years of Community Drug Action Teams in NSW</i>	
<i>Family Matters</i> booklets Khmer		<i>Play Now Act Now 2009: Finalists and Educational Resource</i> DVD		<i>Tackle It! Toolkit</i> book	
<i>Family Matters</i> booklets Korean		<i>What are you doing to yourself?</i> Boyfriend poster A4		<i>Working with the Media – A commonsense guide for communities taking action to address drug-related issues</i>	
<i>Family Matters</i> booklets Lao					
<i>Family Matters</i> booklets Macedonian					
<i>Family Matters</i> booklets Punjabi					
<i>Family Matters</i> booklets Russian					

## HOW TO ORDER

Complete the order form and contact details and send to us.

**Via email on:**  
drugaction@doh.health.nsw.gov.au

**Post to:**  
Community Drug Strategies  
NSW Health  
Locked Mail Bag 961  
North Sydney 2059

**Order on line:**  
www.cdat.com.au

**Via fax:**  
02 9424 5757

**Or just call:**  
02 9424 5946

## HOW TO JOIN THE DRUG ACTION MAILING LIST

Fill in the slip below and send to us.

YOUR CONTACT DETAILS

NAME \_\_\_\_\_

ORGANISATION \_\_\_\_\_

ADDRESS \_\_\_\_\_

\_\_\_\_\_

POSTCODE \_\_\_\_\_

DELIVERY ADDRESS \_\_\_\_\_

\_\_\_\_\_

TEL \_\_\_\_\_ FAX \_\_\_\_\_

EMAIL \_\_\_\_\_

PLEASE TICK ONE

**YES ADD ME TO THE DRUG ACTION NEWSLETTER MAILING LIST**

PLEASE CHANGE MY ADDRESS

PLEASE REMOVE ME FROM THE MAILING LIST

I WOULD LIKE MORE COPIES TO HAND OUT —

PLEASE INDICATE QUANTITY \_\_\_\_\_

# FREE

## RESOURCES FOR CDATS

Did you know Community Drug Strategies has a range of FREE resources for CDATs to use? Did you know that you can easily order these resources and have them shipped directly to you? All of the Community Drug Strategies (CDS) info booklets and campaign posters are available to individuals and organisations free of charge. These can be ordered from the website [www.cdat.com.au](http://www.cdat.com.au) or via email.

### GUIDES TO DEALING WITH ALCOHOL FOR TEENAGERS AND PARENTS

These resources aim to inform young people and their parents about the risks associated with binge drinking and provide tips for having a safe and enjoyable night. The three guides are: *Your pocket guide to a good night out*, a compact teenage booklet (A7) for info stalls, libraries, youth centres *Your guide to dealing with alcohol*, a larger (A6), more in-depth teenage resource for use in discussion groups *Your guide to dealing with teenagers and alcohol*, an A5 booklet to guide parents on communicating with their teenagers about responsible drinking. Available individually or in display boxes of 50.



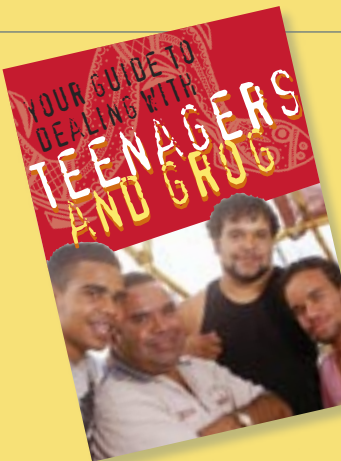
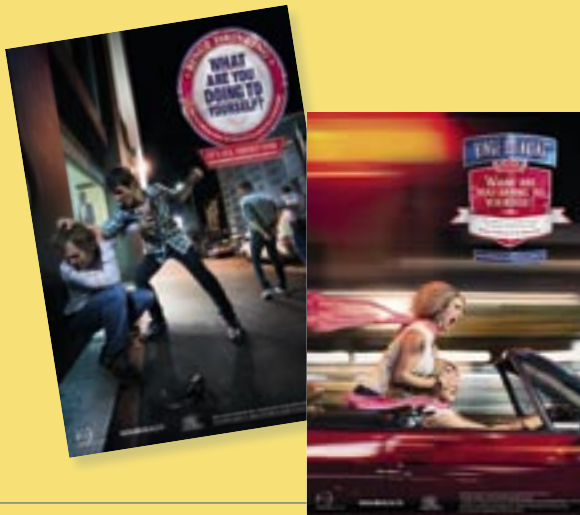
### DRUG FACTS SHEETS

Information pamphlets on ecstasy, cocaine, hallucinogens, marijuana, speed and ice, benzodiazepines and heroin.



### WHAT ARE YOU DOING TO YOURSELF? POSTERS

The *What are you doing to yourself?* campaign tackles binge or excessive drinking and consequent anti-social behaviour among teenagers and young adults. The key message is about taking personal responsibility for your alcohol consumption when socialising. 5 posters in A4 and A3 size.



### GUIDES TO DEALING WITH GROG FOR ABORIGINAL TEENAGERS AND PARENTS

There are two booklets with information for Aboriginal teenagers and parents about the risks associated with binge drinking and tips for having a safe and enjoyable night when alcohol is around. Available individually or in display boxes of 50.



### WE'RE STRONGER TOGETHER CAMPAIGN

The *We're Stronger Together* promotional campaign aims to encourage people to volunteer and participate in local CDATs by raising community awareness. Postcard, brochure and 3 posters in A4 and A3 size.

### DRUG SAFETY CARDS – GUIDE TO A BETTER NIGHT

This *Club Drugs* campaign information resource targets 18-25 year olds, with detailed information on the effects of drugs, potential risks and harms and where to seek help. Available individually or in display boxes of 35.



### DRUG ACTION NEWSLETTER

The newsletter is a great resource for Community Drug Action Teams (CDATs) and the general public. It includes current information on CDAT activities, how to get involved and details of upcoming campaigns.

